



FOX FLYER

March 2019 Issue



March Events

March
4th—8th
national
school
breakfast week

March 7th
PTO 6:30 PM
FRES Library

March 11th –
15th
Artist in
Residence

March 18th-
22nd Read
across America

March 29th
3rd Quarter



We hope you all have enjoyed the mid-winter break and you were able to spend some time together as a family while students were home from school. Our recent weather has certainly proved the old adage, “March ROARs in like lion.” Hopefully we are in store for more “lamb” like days at the end of the month!

The annual school district meeting will be held on Saturday, **March 9th at 9:00 am**. Please make every attempt to attend this very important meeting held at Wilton-Lyndeborough Cooperative Middle/High School. We know that attending this meeting can be a challenge for our busy parents and families but it is important to have your voice heard regarding our public schools. Babysitting is provided. School **district elections** will be held on **Tuesday, March 12th, 8:00 am to 7:00 pm** for Wilton residents and **10:00 am to 7:00 pm** for Lyndeborough residents.

We are excited to announce that registration for our full-day Kindergarten program will begin on **Wednesday, March 20th**. Students eligible for Kindergarten in the fall must be 5 years old by September 30th, 2017. For those parents who are unable to register their child during the day we will have evening registration on **March 20th 2019 between 5:00 pm - 7:00 pm** in the Multi-Purpose room at the Lyndeborough Central School. Parents must provide several documents including; original birth certificate, 2 proofs of residency, updated health documents (immunization records and physical). Open registration will continue daily at the Lyndeborough Central school from 9-2 pm. Registration packets can be picked up at either main office or they can be found online at www.sau63.org.

We are excited to welcome our Artist in Residence, Theo Nii Martey. Theo is the director/leader of the traditional African drumming and dance ensemble called Akwaaba. He was born and raised in Accra Ghana, West Africa and has taught and performed African drumming, dancing, and music in Ghana, England, and the United States. Students in grades 1-5 will have master classes with Theo, while the third grade will have daily classes that will culminate with a performance on the afternoon of **Friday, March 15th at 5:00 pm**. Parents and community members are welcome to attend this wonderful event. A special thank you again to the PTO for their continued support for our Artist in Residence Program.

Students and staff will celebrate Read Across America Week, **March 18th through the 22nd**. This week is sponsored by the NEA and will focus on the literature of children’s author, Mo Willems. Several events are planned that week to promote literacy including DEAR (Drop Everything and Read) periods throughout the week, creating favorite character “Potato People”, adding to our school-wide book worm, and participating various themed dress-up days throughout the week. WLC National Honor Society students and Community Guest readers have been invited to read to students.

The third reporting quarter comes to an end on **March 29th**. STAR 360 benchmark assessment will be administered the week of **March 25th**. Learning Profiles and STAR progress reports will be sent home with students on **April 5th**.

I want to remind parents and guardians that if you drive your children to school, drop off time does not start until 7:40 am at FRES and 8:00 am at LCS. There is no one available to supervise them until this time. Parents who are dropping their child off at Florence Rideout Elementary School should do so along the Livermore Street sidewalk along the back of the school. While this may make your morning more difficult, we must insist that you do not drop your child off at other locations as this is creating additional pedestrian and vehicular traffic issues.

Thank you for reading the March issue of the FOX FLYER and for your continued support in our partnership to provide the best education for your child!



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Pre-School News

Mrs. Plourde



February has been a fun and quick month with our Preschool and PreK students! The themes for this month were **Valentine's Day, friends, and Goldilocks** and the Three Bears. During Circle Time, the PreK students practiced counting to 28. The students enjoyed the interactive story, *My Little Valentine*, as they looked to see which animal made them a valentine and recognized their names in the book.

At the Art Center, the students mixed red and white paint to make pink. They painted hearts, cut them out, and made valentines. The students painted with hard and soft objects after exploring the objects at Circle Time. They also finger painted with oats. The students love all kinds of painting, but water colors appear to be their favorite.

While at the Dramatic Play Center, the students made sweet treats from Play Doh in the Preschool Café. They also pretended to make porridge for the three bears. Within the Block Center, the students worked cooperatively as they stacked cardboard blocks and made houses for the three bears using Lincoln Logs.

At the Library Center, the students looked at different books based on our themes. The students enjoyed the puppet theatre as they acted out Goldilocks and the Three Bears. While at the Sensory Table, the students explored pink rice and hearts of different size, color, and texture. The PreK students were surprised to find letters and numbers hidden in the rice!

The PreK students have worked hard at spelling and writing their first names and recognizing numbers 0-10. The Preschool students continue to work on colors, shapes, and size discrimination. All students are practicing using pencils, crayons, markers, and dry erase markers as they trace, write, and draw. The students enjoy using scissors to snip paper and cut out basic shapes.



The preschool and PreK students continue to take turns, share, and work together.

Next month, we will be focusing on nursery rhymes and spring.





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Kindergarten News

Mrs. Dane & Mrs. MacPherson
Mrs. McArdle

1st Grade News

Miss Cambray, Mrs. McGandy
and Mrs. Lemire

Kindergarten has had a busy month! We had an awesome 100th day and a great Valentine's Day Celebration in our classrooms. In February, we celebrated the 100th day of school, had a Valentines party and ended it with a PJ and Pajama day! March has come in like a lion and we will celebrate Read Across America and we are hoping for a visit from some leprechauns!



In Reader's Workshop Reader Man came again to our classrooms and left super hero masks and capes for us to wear while we are reading. We have developed our Pointer Power, Picture Power, Snap Word Power, Sound Power and Persistence Power! These super powers help us to read books on our own and with our reading partners. We are also working on rhyming words, and looking at beginning and ending sounds of words too. We are getting good at reading, writing, and tapping out CVC words.

In Writer's Workshop, we continue work on labeling pages, writing sentences and making books. We will work on planning what we will put on each page of our book – and do what writer's do! We continue to work on learning many sight words. Sight words are in the books we read and we use them when we write on our own sentences.

In Math Workshop, we are working on 3D shapes and simple addition. **We are counting to 100 by one's, and by 10's. We continue to work on and learn about teen numbers.** We use manipulatives to help us solve problems in math. We have become great at writing our numbers and identifying them.

Sledding down the hill on the sleds with all this new snow will be so much fun!



Mrs. MacPherson, Mrs. Dane, and Miss McArdle



What a busy month February was! First graders wrapped up their addition facts to ten study with a math fact bee. Hunter Baird was the math fact champion. However, congratulations goes out to all contenders and first graders who worked so hard to master their facts.

In addition to wrapping up addition fact fluency, first graders celebrated their expert reading of nonfiction text with the third graders. We are so proud at how skilled all of these students have become at solving **hard words and asking themselves, "Does it look right? Does it sound right? Does it make sense?" as they smooth out their reading.**

First graders also extended their knowledge about black bears and maple sugaring during two in-school field trips. Guest teacher, Susan Drumm, brought in a bear skull and fur to explore and guest teacher, Sara Kenney, brought in some delicious syrup from local trees to sample. Learning about New Hampshire culture sure is sweet!

March will be the last month for STEM projects; look for **project expectations this week in your child's folder.** Check out some of the creative ideas students developed and shared as they created objects that move for their February contribution below.

Finally, we celebrated our 100th day of school with plenty of 100th day themed activities and STEM challenges. With all we did in February, first graders certainly earned their mid-winter break!



-Mrs. Fuller, Miss Cambray and Mrs. Lemire



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2nd Grade News

Mrs. Desmarais, Mrs. Hebert,
Mrs. Hawkes & Ms. Farina



Welcome back! We hope you had a great vacation. March is bringing some great things our way and we cannot wait to get started. Our field trip to the Palace Theater is on Thursday, March 7th. We are excited to bring the second graders to see "Mary Poppins Jr.", a show put on by a children's theater group. In February we had 5th graders come to teach our second graders how to play some of the games that were for sale at the Game Night fundraiser. The students all had fun exploring new games and seeing their 5th grade friends and siblings. In February, second graders learned how to add three digit numbers with and without regrouping. In March we will learn how to subtract 3 digit numbers with and without regrouping. This is a very difficult skill, but is a vital building block to future skills and work that the students will be learning.

We continue to work on Reader's and Writer's workshop daily. Students have been writing non-fiction pieces, either in the form of scientific lab reports or animal reports. We are building reading stamina, making words with various spelling patterns, and applying the skills that we are learning to the books that we are reading.

Mrs. Hebert's class is still working on their Project Lead the Way science units. We have explored maps on paper and even Google Earth. We will be learning about erosion and what causes it to happen. We will then apply all that we have learned to figure out how to protect a city from a landslide. Mrs. Desmarais's and Mrs. Hawkes's classes have learned about matter and will begin to talk about animal adaptations.

We are focusing on the CARES characteristic of cooperation this month. Second graders are thinking about ways to be more cooperative with each other, and how this might look in all parts of their school day as well as at home.

Although this is a busy month, we are excited about all of the fun things we will be doing. As always, please contact your child's teacher with any questions, comments, or concerns. Happy March!



Mrs. Desmarais, Mrs. Hebert, Mrs. Hawkes and
Ms. Farina



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3rd Grade News

Mrs. Sappet & Mrs. Hamilton



Spring will eventually get here! In the meantime, please remember on snowy days we are Head to Toe to play in the snow. We play outside unless the temperature and the feel like temperature is below 12°.

Third graders are busy learning their multiplication math facts. Our goal is to master division facts by the end of the school year.

Our pollywogs continue to grow. They are Australian grass frogs in their very beginning stages. Students are excited and recording their observations weekly in their journals.

Our second field trip is scheduled for May 10. We go to the Squam Lake Science Center in Holderness, NH. We need a lot of chaperones to make it a safe and a fun trip. The cost of the trip is \$11 for students and adults.





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4th Grade News

Miss Lafoe & Ms. Reid



This month the fourth grade has been very busy! We are just finishing up our practice with long division. The fact practice at home has really helped with students being able to more easily maneuver the long division process. We have seen great success when practicing long division problems. We are about to dive into fractions! During this chapter in math students will learn about equivalent fractions, ordering fractions, mixed numbers, and improper fractions.

In reader's workshop, students have been hard at work researching the events leading up to the American Revolution. Students have enjoyed being able to explore this significant part of history. We have created a timeline in the fourth grade wing to help display all of our work during this reading unit.

During writer's workshop, the fourth graders have been writing nonfiction books. The goal is to organize their writing into subtopics and teach their audience about a topic they are an expert on. Students have loved having this **opportunity to become "the teacher"!** They've also been enjoying teaching their classmates about something they love through a book they have written!

In our science block, we have been discovering how energy is created and transferred through hands on experiments. So far we have created marble coasters and chain reaction machines. This month we will start to move onto exploring electricity. Specifically, how circuits work!

- Miss Lafoe and Ms. Reid



Field Trip

May 23rd

State House





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5th Grade News

Miss Tierney and Mrs. Drew



Hello March! Fifth grade has had a very busy month. We spend some of our time becoming Game Gurus for our Game Night. Students learned how to play the games and then taught students in grades 1-4 how to play them. Some students worked at Game Night to teach families how to play the games as well.

In Reading, we are finishing up Book Clubs. Students have been reading different fiction texts and writing about themes and character development. One group read the book Rules by Cynthia Lord. We talked a lot about empathy. We put ourselves into the shoes of one of the characters by trying to communicate using only word cards. We found it difficult and frustrating. It really helped us understand the character in the story.

In math, we are finishing up decimals and getting ready to start fractions. We are also working to solve a word problem of the day each day. We have also been working on our multiplication and division facts.

In writing, we have been writing opinion pieces and persuasive speeches. Students had to make a claim and then use examples to back up their claim including interviews, personal stories, and observations. Students also had to provide solutions to their problem.

In science, we have been learning about the sun, moon, and stars. In March we will start working on our Science Fair Projects. Information will come home in March. In social studies, we are continuing to learn about the causes of the American Revolution.

- Miss Tierney and Mrs. Drew



PTO News

By

Susan Ciatto



February was a busy month for PTO! We need to thank everyone for coming out for two wonderful events in the second part of February. Both the Valentine's Day Dance and the Game Night event were so much fun. It was great to see everyone together having a good time and supporting the PTO at the same time. We should extend special thanks to our intrepid dance emcee, Principal O'Connell, DJ Mike McGonegal, photographer Liesl Clark, and lead dancer Chance Joyner! Thank you for making this a special event for all. The game night event raised enough funds to cover fifth grade yearbooks, and we offer a sincere thanks to all of the student Game Gurus, without whom we could not have held the event. Last but not least, thanks go to Chef Deb for providing a wonderful taco dinner to attendees!

March is a quiet month for PTO as we gear up for April and May, which are filled with fun events, including Teacher Appreciation Week, the LCS Book Fair, Skate Nights, and more! Join us on Konstella.com to get involved in planning and don't forget to follow us on Facebook and our blog www.freslcspto.com.



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School Counselor News
By
Mrs. Durour



We are heading into spring with lots to do. Third graders have just wrapped up some guidance lessons on having an open mind and a growth mindset.

We listened to and explored the song, "Power of Yet"

by CJ Luckey, followed by some critical thinking and discussion about the concept of *YET*. This developmental age really can dig

a little deeper about "progress not perfection". This message helps support all students to do their best and to understand that learning is a process and that practice and training help all of us with success and achievement. This will be a strong message that I will echo as we prepare FRES students for the State testing coming up. Noah the therapy dog will again be visiting with selected students in March. First grade students will be wrapping up the Zones of Regulation program this month with me, but will continue the language and learning with their teachers and actually school wide plus hopefully with parents at home. I will be coordinating with fourth grade students and teachers to provide lessons on perseverance, test prep, and coping strategies. It is so important to create a safe dose of failure or the right amount of struggle. Here is to springing forward.

Sincerely, Jo Anne Dufour



Noah the Dog





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Art News By Mr. Lammers

Art Happenings

Kindergarten Art

Kindergarteners have been learning about the art of printmaking by creating a collage of cut paper and glue and using the collage as their template for their prints. A paper is placed

over the top of the collage and rubbed with the flat side of large crayons. This is called a rubbing or a frottage and dates back to ancient China where large flat **stones were engraved with intricate detail (like an emperor's parade) and rice paper** was placed over the stone and rubbed to reveal the engraving. The children had fun rubbing and mixing colors to create their prints!

Art Fundraiser

The FRES is celebrating national Youth Art Month by holding a fundraiser initiated by the PTO and the art department. We are using the company Original Works and each student is creating an artwork which can be used to create custom keepsakes on a mug, magnet, dishtowel, oven mit, etc. The proceeds from the purchase of any of these items will be used to support the arts at the FRES.

Here is what each grade level is creating...

Fourth and Fifth graders are creating artwork inspired by Romero Brito a Brazilian born artist who now lives in Florida and paints colorful art inspired by pop culture. His thick black graphic lines around colorful shapes create paintings that are fun to look at and are used on commercial items such as shoes, clothing and food packaging. Brito inspired Hearts and Stars are the main subject matter and some students chose other shapes that were successful as well.

Third Graders are creating still life watercolor paintings using a vase with tulips or roses inspired by some famous artists. The vase and flowers could either be colored with crayons or challenged a little more by painting them with watercolors. All of the still life backgrounds have a watercolor wash with an intermediate color.

Second Graders are creating Romero Brito inspired art work using hearts or **stars for the main subject matter and imitating Brito's strong graphic design with thick black lines wrapped around rich colored shapes.**

First Graders are creating butterflies using crayons and watercolors. All grade levels watched a short video about Romero Brito for inspiration on color and design!

All parents and guardians look out for more information on purchasing a creative keepsake from your son or daughters artwork!

-Mr. Lamers





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School Nurse News
Mrs. Sheridan R.N.



WINTER SAFETY: Advice for parents and kids

- * **Don't play or build forts on roadside snow banks.** Snow plow drivers or other drivers may not see you.
- * **Never assume it's safe to skate on a lake or a pond because the top is frozen.**
- * Head injuries are the leading cause of snowmobile related deaths. Children and adults should wear an approved helmet at all times.
- * Dress in layers to adjust to changing temperatures while outside. Keep ears and fingers covered to prevent frost bite. Remove wet clothing and boots immediately after playing.
- * Take extra caution when crossing roads, as it might be more difficult for drivers to see you, and slippery roads will make it more difficult for them to stop suddenly.
- * **Don't put metal objects in your mouth that could freeze to your lips or tongue, and don't "eat" icicles hanging from dirty surfaces or the roof.**
- * Never sled on or near roadways
- * Ski equipment should be checked every year for proper fit and condition.
- * Its never a good idea to bury someone in the snow for fun as suffocation could occur

-Mrs. Sheridan, RN School Nurse





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Physical Education News

By
Mr. Shenk



Students completed the gymnastics unit last month. They did an amazing job and learned gymnastics skills safely. They performed skills of rolling, balancing, climbing, swinging, jumping, and more. Students became stronger and should feel more confident in their skill level. Students also practiced a yoga sequence and mindfulness. Students in kindergarten have been doing a great job also practicing fitness skills. They have been also practicing throwing and catching skills. This month we begin practicing jump rope skills. We will also be participating in the **American Heart Association's** Kids Heart Challenge, formally known as Jump Rope For Heart. We have been a long time participant in this fundraiser and health awareness program. Look for more information coming home regarding the fundraiser or go to www.heart.org/kidshheartchallenge. You can link to our school and register. Students can raise money to be a heart hero for the American Heart Association. They can earn cool thank you gifts. Participation in the fundraiser is completely voluntary and is open for students in K-5th grade. Please contact me at f.shenk@sau63.org with questions.

- Mr. Shenk





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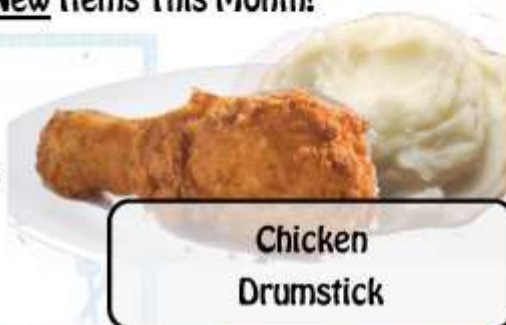


SCHOOL LUNCH WHAT'S COOKING?

Try One of our New Items This Month!

Chicken Drumstick —

This whole-grain breaded bone-in drumstick is made with no artificial ingredients and is a tasty part of a meal with mashed potato and stuffing on the side. This month we're also featuring our vegetable of the month—diced beets!



Chicken
Drumstick



BBQ Chicken
Flatbread

Barbecue Chicken Flatbread —

Our flatbreads have been very popular, so this month try one topped with crispy chicken and barbecue sauce!

Sausage & Egg Croissant —

What's this? A breakfast sandwich, served for LUNCH! We take fresh sausage, egg, and cheese and put it all on a flaky croissant to eat like a sandwich. Enjoy it with Baby Cakes—they're like mini hash-browns for breakfast.



Sausage & Egg
Croissant



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Hot Dog Mac & Cheese Bowl —

What's this?

Another way to make Mac & Cheese even better?

This month try our delicious dish with sliced hot dogs mixed in or on the side!



**Hot Dog
Mac & Cheese Bowl**



START YOUR ENGINES!  TM

March 4th through March 8th is National School Breakfast Week! This year's theme is "Start Your Engines" since breakfast is a great way to get your motor running for the day.

We'll be celebrating with mini-racers as part of before school breakfast at FRES, and **FAMILIES** are **WELCOME TO JOIN US** as we Fuel Up for Success!

Two Special new "Mini" items for School Breakfast Week:

Mini Maple-Chip Waffles

These whole-grain waffles are made with maple chips baked right in for fantastic flavor.



Mini Egg Scramble Wrap

This breakfast wrap is made with eggs, ham, and cheese wrapped in a whole grain tortilla.



BEETS!

- Come in Colors from Yellow to Purple

- Beet Juice Can be used as Paint



• A Good Source of Vitamin C

The whole plant is edible from leaves to roots!

FROZEN FRIDAY

March Frozen Friday Menu *

- 3/8 — Strawberry Éclair Bar
- 3/15 — Vanilla/Chocolate Cup
- 3/22 — Orange Dream Bar
- 3/29 — Chocolate Éclair Bar

*Menu subject to change based on availability *

75¢

a la carte pricing for ALL students, Regardless of free/reduced status